

Trinity Anglican School Phases of the Outdoor Education Program

Dream & Conceptual Phase

"The idea becomes a goal"



Students are invited to imagine the adventure ahead- they research, question and visualise their experience.

Student Role

Students begin by imagining the possibilities, exploring what lies ahead through videos, conversations, and storytelling. They are encouraged to embrace the opportunity and take ownership of their personal journey.

Parent Role

Parents play a vital role in encouraging their child. They can also help identify any additional support their child may need to confidently take the first step.

School Role

The school introduces the program with inspiring stories and past successes, igniting excitement and curiosity. It fosters early buy-in by showing students what's possible when they commit to the experience.

Preparation & Planning Phase

"The journey begins before we leave"



Physical, emotional and mental preparation helps students set goals, manage expectations, and build confidence.

Student Role

Students prepare physically and mentally, engaging with the materials and training provided to get ready for the challenge ahead. They ask questions, seek clarity, and take responsibility for their readiness.

Parent Role

Parents support their child by helping them get organised and offering encouragement through any uncertainty. Being attuned to their child's needs during this time helps build confidence and enthusiasm.

School Role

The school equips students with detailed guidance, resources, and training to lay a strong foundation for success. Staff remain accessible to support students and families throughout the preparation process.

Action & Reality Phase

"Challenge accepted"



The adventure unfolds - whether a single or a multi-day expedition. Students discover their limits, strengths, and teammates.

Student Role

Students fully engage with the experience by adopting a growth mindset, facing challenges head-on, and connecting with peers. This is their opportunity to enjoy the journey while learning about themselves and others.

Parent Role

Parents trust the process and recognise that growth often comes from discomfort and challenge. Their support, even from afar, reinforces their child's confidence and independence.

School Role

The school delivers a safe and structured program, creating space for exploration, fun, and deep learning. Educators actively facilitate team-building, resilience, and reflection throughout the journey.

Reflection & Processing Phase

"Stories shape growth"



Reflection brings the learning full circle. Students share their stories, process new insights and return changed for the better.

Student Role

Students reflect on what they've learned and how they've grown, sharing their stories with pride and purpose. This phase is essential for solidifying lessons and creating lasting memories.

Parent Role

Parents listen actively to their child's stories and reflections, acknowledging their achievements and growth. Asking questions and showing interest deepens the student's sense of accomplishment.

School Role

The school provides platforms and opportunities for storytelling, celebration, and closure. This may include photos, videos, group discussions, and showcases of student reflections to amplify learning outcomes.